Unit 3/4 Health Test

Chapters 7-10, and 13 (lesson 4)

Vocab, terms, etc., for Matching, Multiple Choice, True/False

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Maslow’s hierarchy of needs

Depression

Coping with disaster/crisis

Functional mental disorders

Organize mental disorders

Relationship bonds

Interpersonal conflict

Good communication

Forms of abuse

Empathy

Mental/emotional health

Hormones

Personal identity

Defense mechanisms

Modeling

Emotions

Hostility

*Essays! Choose 2. Ten points each*

*-Advice for a friend going through a stressful situation*

*-Fight or flight response*

*-Warning signs for suicide; what to do?*

*-Four traits of a healthy relationship*

Psychosomatic response

Protective factors

Stressors

Stress-management skills

Stress, occasional and chronic

Anxiety

Resiliency

Perception

Different types of emotional disorders

Coping

Cluster suicides

Different types of therapies

Personality

Self-talk

Different types of medical professionals who treat emotional/behavioral problems

10 x-choice, 3 sets of (10 point) matching, 15 true/false, 4 essay choices = 75 points

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_