**Health Final!**

It’s a toughie! 100 questions, which include true/false (some require corrections), matching sets, multiple choice. There is 10 possible extra credit points (questions on dating violence—see ch. 12 & 13).

Chapters: 1 – 9, 15 – 18, 21 – 29

Conflict resolution

Short-term vs. long-term goals

Hypothermia

Tendonitis

Fracture

Dislocation

Muscle strain

Sedentary lifestyle

Diabetes

Osteoporosis

Low cholesterol

Cardiovascular disease

Nutrient-dense foods

Metabolism

Underweight vs. overweight

Hemoglobin

Natural disasters

Different types of stressors

Headaches

Psychosomatic

Plasma

Asthma

Emphysema

Sinusitis

Tuberculous

External respiration/internal respiration

Hormones associated with adolescence, pregnancy

Normal/abnormal development of reproductive system

Anabolic steroids

Jobs of different glands

Carbon monoxide poisoning

Tobacco pollutants

Nicotine, tar, etc.

Cocaine

Inhalants

Narcotics

Psychoactive drugs

HIV/AIDS

Poisoning hazards

Environmental hazards

Causes of drowning

Contents of emergency survival kit

Conservation

Precycling/recycling

Support groups

Aerobic vs. anaerobic exercise

Binge eating disorders

Bulimia/anorexia

Somatotropic hormones

Leukoplakia

Feminine hygiene products

Fatigue

Depressants effect on body

Symptoms of withdrawal

Syphilis

Air pollution impact on health

Water pollution

Hydration

Training program

Heat cramps

Specificity

Muscular endurance

Physical fitness

Resting heart rate

Strain

Nutrients

Foodborne illness

Hunger

Food additives

Food intolerance

Vitamins

Minerals

Cross-contamination

Appetite

MyPyramid

Calories

Peristalsis

Chyme

Heartburn

Mastication

Hemodialysis

Hiatal hernia

Absorption

Bile

Urethritis

Indigestion

Anxiety

Empathy

Stress-management skills

Chronic stress

Personal identity

Emotions

Resiliency

Grief response

Closure

Alienation

Depression

Schizophrenia

Relaxation response

Biodegradable waste

Shock

Abrasions